

e-Briefing on Direct School Admission (DSA) matters

The slides for today's presentation will be uploaded and made available on our school website by the end of next week.



OUTLINE

| Topic | Presenter |
|------------------------|--|
| Parenting for Wellness | Ms Kong, Vice-Principal |
| DSA Matters | Mdm Wong, Year Head (Primary 5 & 6) |



New MOH guidelines on screen use for children under 12



BELOW 18 MONTHS



- No screen use unless for interactive video chatting
- Do not leave screens on in the background when child is engaged in other activities

18 MONTHS TO 6 YEARS



- Limit screen use to less than an hour a day outside school
- Passive screen use not recommended
- View media together with children where possible
- Do not use screens to occupy or distract child
- Carefully choose age-appropriate educational content
- Do not leave screens on in the background
- No screens during meals and 1 hour before bedtime

7 TO 12 YEARS



- Limit screen use to less than 2 hours a day, unless related to schoolwork
- Develop a screen use plan or timetable
- Have regular conversations with children to find out their online activities
- Do not give children mobile devices with unrestricted access
- Use parental control settings to ensure children access age-appropriate content and apps
- Do not give children access to social media services
- No screens during meals and 1 hour before bedtime

SOURCE: MINISTRY OF HEALTH



Keeping children healthy in the digital age: 4 areas for early intervention





(i)

Eat Well

Fuels growth
& health



(ii)

Sleep Well

Boosts focus,
mood & growth



(iii)

Learn Well

Improves
diverse learning
& well-being



(iv)

Exercise Well

Strengthens body,
mind & confidence



Grow Well SG will later extend to older children.

Grow Well SG provides early support in four key areas for children up to 12 years old & also aims to foster bonding with their families & peers



**you've
g  t
this!**



Parenting for Wellness (PfW)

PfW aims to empower parents with key knowledge and skills to build strong parent-child relationships, strengthen their children's mental well-being and resilience and parent effectively in the digital age.



Parenting for Wellness: Parent Hub



Access personalised resources to support your parenting journey.

Your Personalised Link

WE'RE EXPECTING 0 - 2 YEARS 3 - 6 YEARS 7 - 12 YEARS TEENS GROW WELL SG PARENTING FOR WELLNESS EVENTS



Parenting for Wellness: Toolbox for Parents



1

Building Relationships

2

Supporting Your Child's Mental Health

3

Navigating the Digital Age



Social Media: Is Your Child Ready for It?



While social media platforms allow people to connect with others, constant exposure to social media content can make us feel anxious or overwhelmed. It is important for social media users to be mature enough to navigate such feelings when using these platforms. Most social media platforms require users to be aged 13 years and above. **However, is age the only consideration in determining if your child is ready?**



The maturity of your child is also an important consideration to determine their readiness for social media.

Maturity can be assessed by observing the following:

- Their ability to make responsible decisions to keep themselves safe online.
- Their ability to manage the pressures and feelings that come with social media use.
- Their ability to control impulses.

Although your child may pick up skills to use social media quickly, they may not fully understand how to use complicated online safety tools and settings. They may also not understand how the platforms' safety features work.



Things You Can Do

Before allowing your child access to social media, have open conversations with them on the risks of social media and establish clear ground rules on how to keep themselves safe when using it. Here are some suggested topics:

What are some potential dangers of oversharing personal information?

What does healthy social media use look like?

How do we keep ourselves safe on social media?

What are some ground rules we can establish as a family?



Device Use: Too Much or Just Right?



Screen time refers to the amount of time spent using devices each day. Having some screen time can be beneficial, such as when your child uses devices to learn and connect with others. However, it is important to be aware that **spending an excessive amount of time using devices is unhealthy**, as it is associated with insufficient good quality sleep, sedentary behaviours, increased obesity, and poorer mental health and well-being.

These potential negative consequences are linked to the extent to which the use of devices displaces activities that are important for your child's development. E.g. sleeping, being physically active, or engaging in face-to-face interactions with family and friends.

It is important to ensure your child maintains a healthy balance of age-appropriate activities.



How to help your child achieve balanced screen time?

Have regular conversations with your child to better understand what they do online.

Discuss and develop a timetable with your child to moderate their time spent on screens. Children aged 7 - 12 should have consistent screen time limits. Parental control settings can be used to monitor and limit screen time as agreed with the child.

What do you think is a reasonable amount of time to spend on your phone for leisure?

What responsibilities do you have to complete before spending time on your device?



Knowing what your child is doing online is important too

Beyond setting limits on your child's screen time, it is important to understand how your child is using their devices and what content they are watching as these can impact their well-being.

Have regular conversations with your child to better understand their screen use habits. Here are some example questions you may wish to consider:

- "That video you just watched looks interesting. Can you tell me what it is about?"
- "Do you mindlessly scroll through social media, or binge-watch videos or shows on streaming platforms? What could be a better use of your time that doesn't involve devices? Can we do something together?"
- "Is the online activity you are doing for learning or leisure? How long do you need to complete the activity? Let's agree on a time to stop."
- "What do you usually do online? Have you ever come across any inappropriate content that made you feel uncomfortable? Which aspects made you uncomfortable?"



Scan QR code to download the Ministry of Health's Guidance on Screen Use in Children for more information.





you've
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this!



Parenting for Wellness Resource

Understanding Myself as a Parent

- What values are important to you as a parent?
- How are your spouse's values similar to or different from yours?
- What did the significant adults in your life do or say to make you feel important, loved and cared for? What do you plan to do so that your child can feel the same way?



My Relationship with My Child

- How would you describe your relationship with your child? How would you like your relationship with your child to be?
- How well do you know your child (their happy/sad/stressful moments)?
- What are your biggest hopes/dreams, and worries for your child?
- How would you like to strengthen the relationship between you and your child?



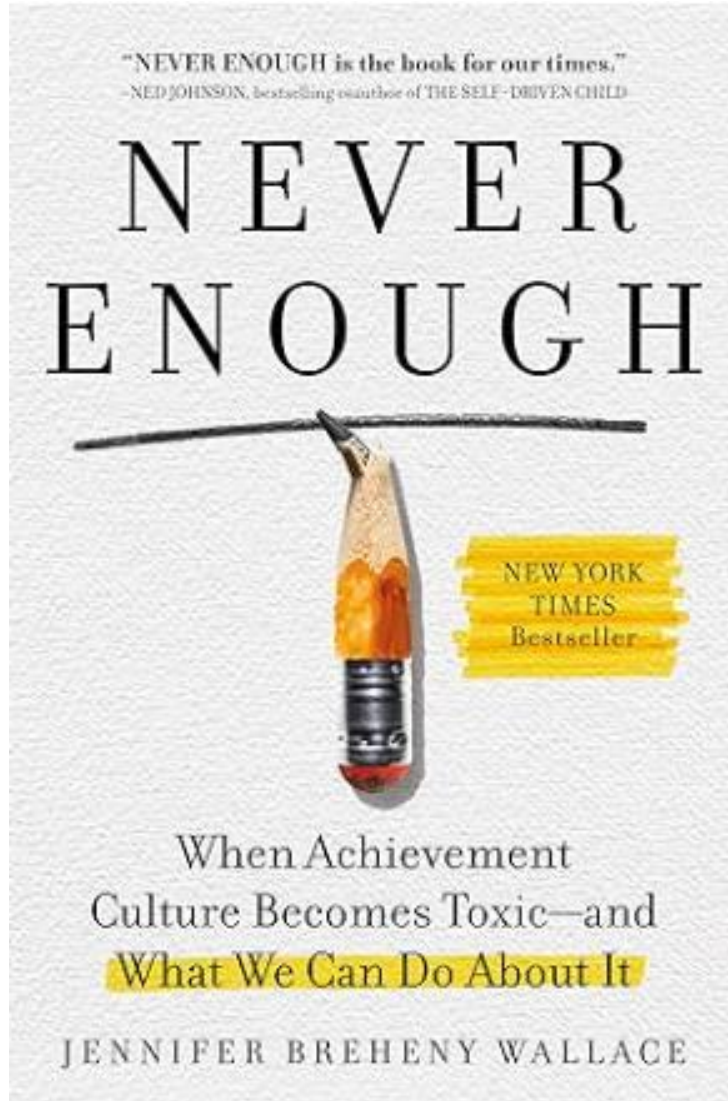
Mattering

What the research says...

“Our kids are absorbing the idea that their worth is contingent on their performance GPA, the number of social media followers they have, their collage brands – not for who they are deep at their core. They feel they only matter to the adults in their lives, their peers, the larger community, if they are successful”

“The feeling that we are valued and add value to others – is key to positive mental health and to thriving in adolescence and beyond.”

“Mattering informs that language we use, the messages we reinforce, and how we handle failure.”



OUTLINE

- What is Direct School Admission (DSA)?
- Should my child apply for DSA?
- Which school should my child apply to?
- How will DSA schools conduct their selection?
- How do I apply?
- What are the possible DSA-Sec outcomes?

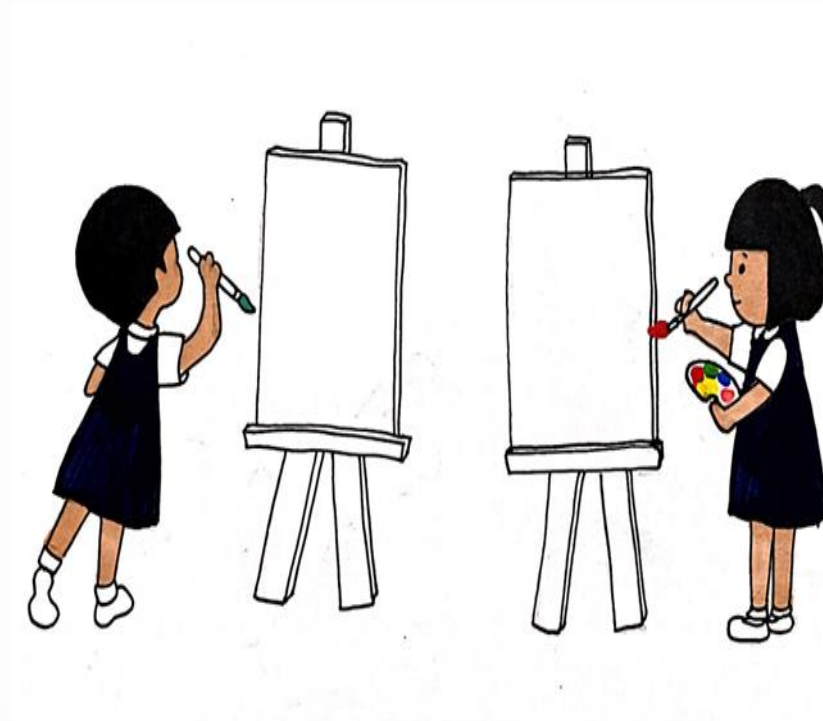


Direct School Admission (DSA) - Secondary

- DSA-Sec aims to:
 - Provide P6 students an opportunity to seek admission to a secondary school based on a diverse range of talents and achievements that may not be demonstrated at PSLE, e.g sports, aesthetics, student leadership and other talent areas
- Promote holistic education



SHOULD MY CHILD APPLY FOR DSA?



SHOULD MY CHILD APPLY FOR DSA?



Yes, if she has **talent** in an area which the school offers the DSA in and she is **passionate** about and **committed** to developing her strengths in that area in that school.

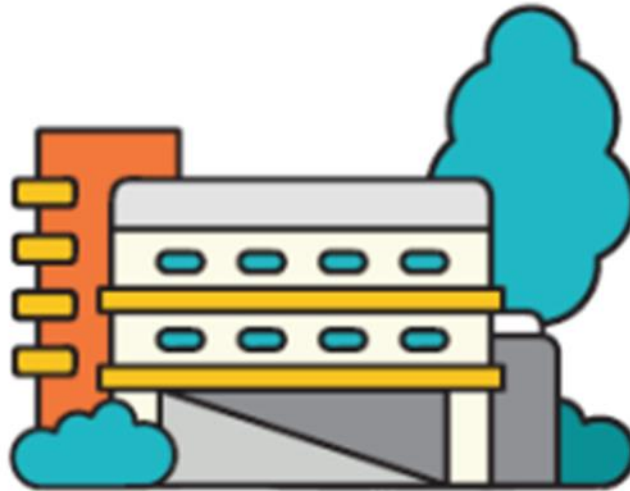


SHOULD MY CHILD APPLY FOR DSA?

- If your child is successfully allocated to a school through DSA-Sec, **she will not be able to participate in the Secondary 1 Posting.**
- She **will also not be able to seek a transfer to another school** after the release of the PSLE results.



WHICH SCHOOL SHOULD MY CHILD APPLY TO?



WHICH SCHOOL SHOULD MY CHILD APPLY TO?

Finding a good fit will help your child enjoy learning at an appropriate pace and enable her to benefit from the school's overall programmes.



When selecting a DSA-Sec school, consider the following:

- Schools with talent areas that match your child's strengths and interests
- Range of programmes offered by the school
- Pace of learning



WHICH SCHOOL SHOULD MY CHILD APPLY TO?

Matching

Look for a school whose **programmes match your child's interests and talents.**

- Schools are looking out for students whose interests and talents they can develop further.
- Learn more about the secondary school's pace of learning and overall range of programmes.



WHICH SCHOOL SHOULD MY CHILD APPLY TO?

Get the latest information about what each school offers by:

- Visiting the MOE's DSA website
- Exploring the individual school website
- Attending Open Houses (Secondary Schools)

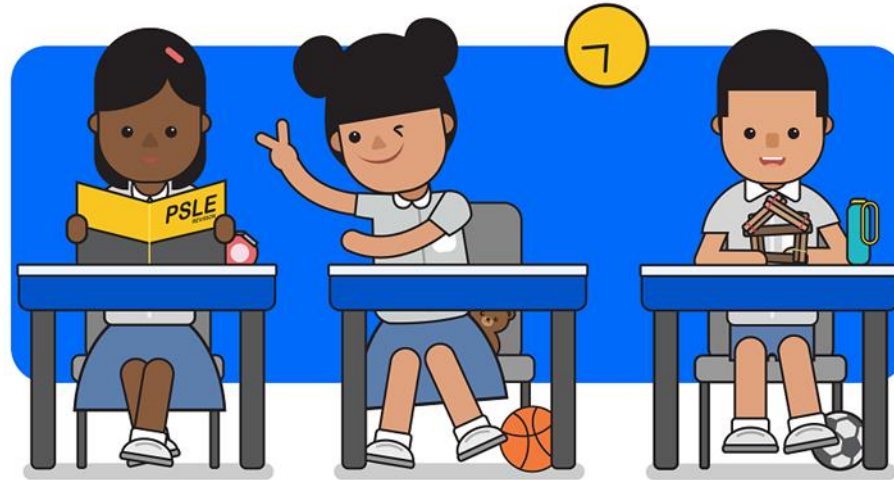


How will DSA schools conduct their selection?

- Applicants' talents & / strengths
- Personal qualities
- Academic results – P5 & P6

THROUGH:

- Interviews
- Trials
- Tests
- Selection camps



When can my child apply?

In May 2026 when your child is in P6.

More information on the timeline is available at this link:
<https://www.moe.gov.sg/dsa-sec>



Stages of the DSA-Sec Exercise

**Application
Stage**

May



**Audition
Stage**

By mid-Sept



**Exercise School
Preference Stage**

Oct



Results Release Stage

Nov
(along with PSLE results)



HOW DO I APPLY - DSA Portal

- One-stop DSA application portal
(except for School of the Arts & Singapore Sports School)
- Period of acceptance for DSA applications will be about 3-4 weeks in May
- Parents can log in using Singpass



DSA Portal

- Students' participation in school activities and leadership roles (P4 upwards) etc will be extracted from the school records.
- There is no need to submit testimonials & hard copy documents.
- Applicants can add in 10 non-school based activities & achievements in 'Optional' Field.



2025 Direct School Admission for Secondary Schools (DSA-Sec)
Template for applicants studying in MOE mainstream primary schools

Instructions

You are encouraged to use a desktop or a laptop to fill in your application and use this template to help you prepare the relevant information before you log in to the DSA-Sec Portal. This will reduce your application time and minimise any risk of losing your entries due to connection issues. To avoid errors in your submission, use only English language in your entries.

Application comprises the following sections:

| | |
|-------------|---|
| Section I | Talent(s) and School(s) |
| Section II | Non-school based Awards/Activities (Optional) |
| Section III | Contact Details |

| | |
|--------------------|--|
| Name of Child/Ward | |
| BC/FIN | |

Section I: Talent(s) and School(s)¹

You can indicate up to 3 choices of talent areas and schools. The choice order does not matter.

Of the 3 choices, a maximum of 2 choices can be used to apply to the same school, for 2 different talent areas.

Note:

Under "Select Programme", you will need to choose "Integrated Programme", "Singapore-Cambridge Secondary Education Certificate" (SEC) Programme or "No Preference", only if the school offers both programmes for the selected talent area. Otherwise, no further action is required.

From 2027 onwards, the SEC Programme will replace the GCE O- and N-Level programme under Full Subject-Based Banding (SBB). For more information on the SEC and Full SBB, click [here](#).

| Talent Area | School | Select Programme (if applicable) (Please choose one only.) |
|-------------|--------|---|
| | | <input type="checkbox"/> Integrated Programme <input type="checkbox"/> SEC Programme <input type="checkbox"/> No Preference |
| | | <input type="checkbox"/> Integrated Programme <input type="checkbox"/> SEC Programme <input type="checkbox"/> No Preference |
| | | <input type="checkbox"/> Integrated Programme <input type="checkbox"/> SEC Programme <input type="checkbox"/> No Preference |

Section II: Non-school-based Awards/Activities (Optional)

Non-school based awards/activities include participation in competitions organised by external organisations, or talents or skills achieved through external activities. Please fill² in the relevant awards/activities that are related to the talent area(s) that you have selected.

¹ To explore DSA-Sec schools and talent areas offered, visit www.moe.gov.sg/dsa-secschfinder.

² Please input only in English. Non-English input such as Chinese characters will be rejected in the system.

2025 Direct School Admission for Secondary Schools (DSA-Sec)
Template for applicants studying in MOE mainstream primary schools

Your child's/ward's primary school information will be automatically shared with the DSA-Sec school(s) that you have applied to. This includes your child's/ward's P5 and P6 academic results, and other information from P4 to P6, i.e., Co-curricular Activities, Values in Action involvement, School-based achievements/awards such as Edusave Awards, National School Games and Junior Sports Academy participation. You do not need to input this information.


[Please duplicate this table if you have more than one non-school-based award/activity. This section is not compulsory and there is a limit of 10 entries.]

| | | |
|--|---|---|
| 1. | Start Month to End Month (MM/YYYY): _____ to _____ | Award/Activity Name ^A (Maximum of 50 characters): _____ |
| Brief Description ^A (Maximum of 300 characters): _____ | | |

^AYou may copy and paste the information into the portal by using keyboard shortcut command: Ctrl + C (copy) and Ctrl + V (paste).

Section III: Contact Details

If your contact details are available in [MyInfo](#), the information will be pre-filled. You may edit it for the purpose of this application.

 Both the main and alternate contact persons will receive the confirmation email after each successful transaction.

| Main Contact Details | |
|-------------------------|-----------|
| Name*: | _____ |
| Email*: | _____ |
| Mobile Number (Local)*: | +65 _____ |

* Required fields

| Alternate Contact Details (Optional) | |
|--------------------------------------|-----------|
| Name: | _____ |
| Email: | _____ |
| Contact Number (Local): | +65 _____ |

Please note that if your child/ward is given an offer, both parents will need to log in to the DSA-Sec Portal using [Singpass](#) to submit your child's/ward's school preference during the School Preference Submission period. You may approach your child's/ward's primary school for assistance if you are unable to submit online.

How many schools can my child apply to?

You can indicate up to three choices during the application.

For each choice, you will need to choose a secondary school and a talent area from that school.

Of the three choices, a maximum of two choices can be used to apply to the same school (i.e., under two different talent areas).



| Talent(s) | School(s) |
|------------|-----------|
| Basketball | School A |
| Basketball | School B |
| Basketball | School C |

Example 1

Your child can apply up to three different schools, with no restrictions on the talent areas.

| Talent(s) | School(s) |
|------------|-----------|
| Basketball | School A |
| Choir | School A |
| Basketball | School B |

Example 2

Your child can choose two areas in one school. (A maximum of two choices can be used to apply to the same school.)

| Talent(s) | School(s) |
|--------------------|---------------------|
| Basketball | School A |
| Choir | School A |
| Netball | School A |

Example 3

Your child cannot use all three choices on one school. She can leave the third choice blank or choose another school.



What are the possible DSA-Sec outcomes?

Confirmed Offer → The student has a place reserved in the school as long as she qualifies for a course the school offers [i.e. G1, G2 or G3].

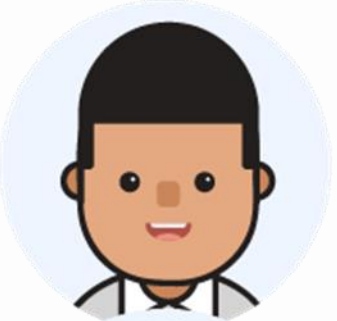
Waiting List → This means the student will only be considered if other students with **Confirmed Offer** choose not to go to that school during the School Preference stage. Allocation will be based on students' rank on the school's waitlist.

Unsuccessful → If the student is unsuccessful in all her applications, but still wishes to enter the schools she applied for in the DSA, she can consider them again during the S1 Posting Exercise based on the PSLE results.



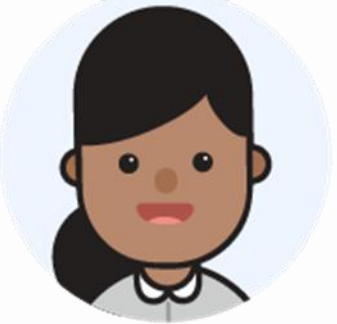
Example: Confirmed Offer vs Being Waitlisted

John



John selected Marvel Secondary as his 1st choice. Marvel Secondary School placed John on the **Waiting List**.

Mary



Mary is given **Confirmed Offer** by Marvel Secondary.

Who will be considered for a place in Marvel Secondary?

Mary will be considered for a DSA place in Marvel Secondary, before John, as she has a **Confirmed Offer**.



If my child has a DSA Confirmed Offer, does it mean that her PSLE results will not matter?

The PSLE Score will still be used to determine the secondary school posting group she is eligible for [i.e. G1, G2 and G3]

Even if the student has a confirmed offer, she **must qualify for a posting group offered by the school** to be successfully admitted through the DSA.



Example:



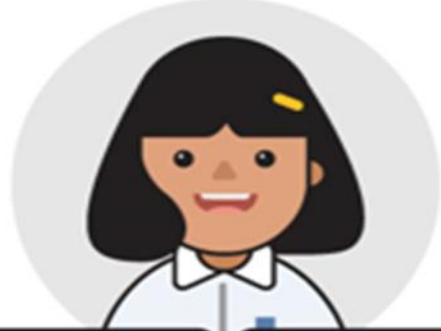
Jane has a DSA confirmed offer given by Marvel Secondary School, which offers the G3 Course only.

However, Jane's PSLE results qualify her for the G2 course. Hence, Jane will **not** be able to go to Marvel Secondary School. She will take part in the S1 Posting Exercise instead.



AL Score Range

| AL | Raw Mark Range |
|----|----------------|
| 1 | ≥ 90 |
| 2 | 85 – 89 |
| 3 | 80 – 84 |
| 4 | 75 – 79 |
| 5 | 65 – 74 |
| 6 | 45 – 64 |
| 7 | 20 – 44 |
| 8 | ≤ 20 |



| Elena | | PSLE Score 14 |
|------------------------|----------|----------------------|
| PSLE Subject | AL Score | |
| English | 2 | |
| Math | 2 | |
| Foundation Science | AL A = 6 | |
| Mother Tongue Language | 4 | |



PSLE Scoring System & Posting Group

| PSLE Score | Posting Group | Subject level for most subjects |
|--|---------------|---------------------------------|
| 4 – 20 | 3 | G3 |
| 21 and 22 | 2 or 3 | G2 or G3 |
| 23 and 24 | 2 | G2 |
| 25 | 1 or 2 | G1 or G2 |
| 26 – 30 <i>(with AL 7 in EL and MA)</i> | 1 | G1 |



School Information for DSA

<https://moe.gov.sg/schoolfinder>

<https://go.gov.sg/exploreschools>

SchoolFinder Tool



MySkillsFuture Portal



Information on DSA

Direct School Admission (MOE)



<https://www.moe.gov.sg/secondary/dsa>



Home > [Is DSA for your child?](#)

Is DSA for your child?

21 MAY 2021



<https://www.schoolbag.edu.sg/story/is-dsa-for-your-child>

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Your grades do not

SCHOOL BAG: THE EDUCATION NEWS SITE

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School Bag: DSA



IN SUMMARY :

- P6 students **have a choice** whether or not to participate in the DSA-Sec. If they choose not to participate in the DSA-Sec, they will participate in the Secondary One Posting Exercise after the release of the PSLE results.
- Students who opt for a school under DSA-Sec **must achieve PSLE results** that would enable them **to be eligible for admission to the posting group** being offered by their opted DSA-Sec schools.



IN SUMMARY :

- Students admitted to a school through DSA-Sec will **not be allowed** to participate in the annual Secondary One Posting Exercise. They will also not be allowed to appeal to other secondary schools.
- Students who are admitted to the secondary schools because of their CCA achievements will be **obliged to continue** in that CCA.



Home-School Partnership

Being there for her

Have regular conversations with your child to understand her better.

Setting realistic & achievable expectations

Consider your child's unique abilities when setting expectations with her. Only realistic goals can motivate her.

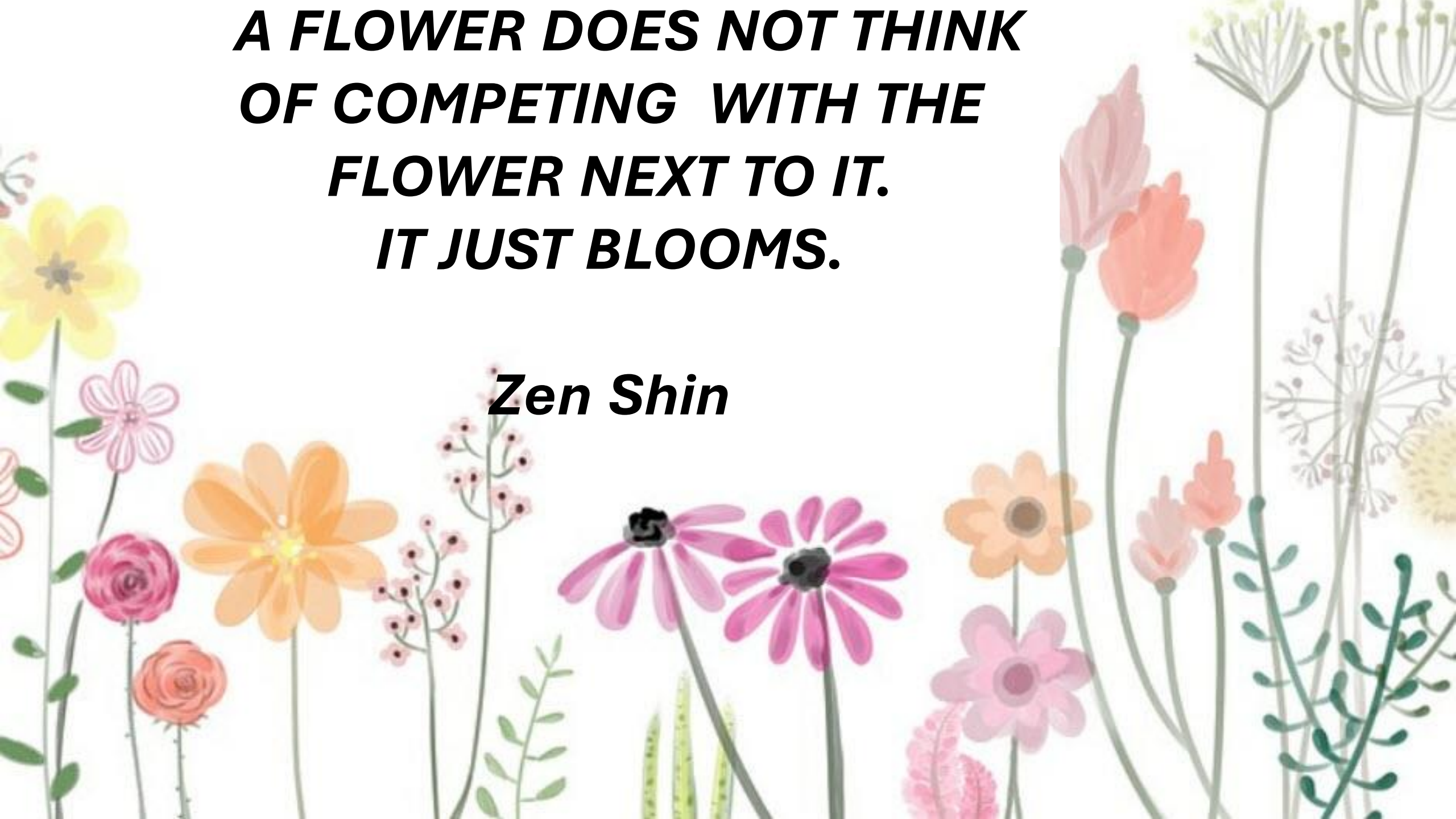
Showing your love

Assure your child that your love for her is not measured by her achievements. Let her know this every day through your words and actions.



***A FLOWER DOES NOT THINK
OF COMPETING WITH THE
FLOWER NEXT TO IT.
IT JUST BLOOMS.***

Zen Shin



If you have any question, please email me at
Wong_Liang_Min@schools.gov.sg

*The slides for today's presentation will be uploaded
and made available on our school website by the end
of next week.*

Thank You

